

Monday

Tuesday

Wednesday

Thursday

Friday



**Breakfast & Morning Snacks Served until  
10:00 a.m.**

**Water & Juice 11:00 a.m. Lunch 12:30 p.m. Afternoon Snack 3:00 p.m.**

# RICHARDSON LOCATION

# SEPTEMBER 2017



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10:30 Shuffleboard-Wiz Quiz-Word Mining-Enrichment Activity-Pillow Project-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 BINGO-Secret Occupation-Seeing Double-Poetry-Active Group-Extra Activity  
2:30 It's a Guy Thing/Tool Time-Similes/Idioms-Word Building-Mixed Up Professions-Pillow Project-Extra Activity  
3:30 Light & Lively Exercise  
4:00 Wheel of Fortune-Sharing Moments From the Bible-Domino's/Cards-Extra Activity  
4:30 Remember When-Domino's/Cards Cont.  
5:00-6:00 Movie & Popcorn

## LABOR DAY CLOSED

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10:30 Parachute Madness-Word in a Word-Cleaver Endeavor-Enrichment Activity-Crafting-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:30 Fun September Trivia  
1:45 **Larry Johnson Entertains**/Trivia  
2:45 BINGO-Mixed Up Piano-It's A-mazing-Active Group-Extra Activity  
3:30 Occupational Food For Thought-Active Group-Short Stories-Brush to Canvas-Extra Activity  
4:00 Light & Lively Exercise-Extra Activity  
4:30 Wheel of Fortune-Bible Trivia-Domino's  
5:00 Catch Phrase-Extra Activity  
5:30 Magazine Scavenger Hunt

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10:30 Basketball-Four Seasons of Trivia-Story Building-Enrichment Activity-Pillow Project-Extra Activity  
11:10 Sit and Be Fit-Strengthen Your Mind-SingFit  
11:45 Music/Songs & Trivia-Strengthen Your Mind  
1:45 BINGO-Mixed Up State Fair-Left, Right, Center-Active Group-Extra Activity  
2:30 Which War Was It? Trivia-Girl Talk/Famous Women-Art Appreciation-Enrichment Activity-Crafting  
3:30 Light & Lively Exercise-Extra Activity  
4:00 Wheel of Fortune-Beautiful Hands-Domino's  
4:30 Hollywood Flashback-Domino's Cont.-Extra Activity  
5:00 Finish Line-Domino's Cont.-Extra Activity  
5:30 Poetry

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10:30 Bowling-Word Web-Change the First Letter-Enrichment Activity-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-SingFit-**Devotional**  
11:45 **Heart of Texas Therapy Dogs**/Trivia  
1:45 BINGO-A "Logical Quiz"-Words That Begin with?-Active Group-Extra Activity  
2:30 Sports Trivia-Girl Talk/Fragrance-TEAM Jeopardy-Oddies-Extra Activity  
3:15 Light & Lively Exercise-Extra Activity  
4:00 **Thirsty Thursday/Music** Wheel of Fortune-Domino's  
4:30 Would You Rather-Cards/Domino's Cont.  
5:00 Complete the Phrase-Extra Activity  
5:30 Clue Trivia

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10:30 Fishing-Song Burst-Mind Bending Numbers-Enrichment Activity-Pillow Project-Gardening  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 BINGO-The Price is Right Word Mining-Scrabble-Active Group-Extra Activity  
2:30 It's a Guy Thing/Conversation For Men-Girl Talk-Word Boxes-Enrichment Activity-Pillow Project-Extra Activity  
3:30 Light & Lively Exercise-Extra Activity  
4:00 Wheel of Fortune-Memory Boards-Domino's/Cards  
4:30 Creative Forecasting-Domino's/Cards Cont.  
5:00-6:00 Movie & Popcorn

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10:30 Chair Volleyball-Make 'Em Smile-Brain Bashers-Enrichment Activity-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-SingFit-**Spanish Made Simple**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 BINGO-Team Spelling BEE-Active Group-Banana Gram-2:30 Gentlemen's Gathering-Girl Talk/Fashion Trends-Missing Numbers-Enrichment Activity-Extra Activity  
3:15 Light & Lively Exercise-Extra Activity  
4:00 **MOCKTAIL HOUR/Music**  
Wheel of Fortune-Domino's-Extra Activity  
4:30 Wheel of Fort. Cont.-Domino's-Extra Activity  
5:00 Looking Ahead-Extra Activity  
5:30 Superstitions

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10:30 Bowling-Word in a Word-Wacky Wordies-Enrichment Activity-Crafting-Extra Activity  
11:10 Sit and Be Fit-**Book Club**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 BINGO-Four Seasons of Trivia-Memory Boards-Active Group-Extra Activity  
2:30 A Guy Thing/Favorite Western Trivia-Garden Talk-Brain Teasers-Enrichment Activity-Extra Activity  
3:30 Light & Lively Exercise-Extra Activity  
4:00 Wheel of Fortune-Similes-Domino's/Cards  
4:30 Trivia for Seniors-Domino's/Cards Cont.  
5:00 Complete The Phrase-Extra Activity  
5:30 Idioms

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**INTERNATIONAL CHOCOLATE DAY**  
10:30 Noodle Ball-Outburst-Art Appreciation-Enrichment Activity-Pillow Project-Extra Activity  
11:10 Sit and Be Fit-Strengthen Your Mind-SingFit  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 BINGO-Chocolate A to Z-Life Stories-Brush to Canvas-Active Group/Cards-Extra Activity  
2:30 A Guy Thing/Mind Joggers-Girl Talk/Chocolate Recipes-TEAM Family Feud-Art Appreciation-Pillow Project-Extra Activity  
3:30 Light & Lively Exercise-Extra Activity  
4:00 Wheel of Fortune-Scraples-Domino's/Cards  
4:30 Healthy Living-Cards Continued-Extra Activity  
5:00 Common Factor-Extra Activity  
5:30 Chicken Soup for the Soul

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10:30 Tic Tac Toe-Do You Know-Art Appreciation-Enrichment Activity-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-SingFit  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 BINGO-Television Matchup-Active Group-Mix & Match-Extra Activity  
2:30 Gentlemen's Club-Girl Talk/Beauty-TEAM Jeopardy-Brush to Canvas-Extra Activity  
3:30 Light & Lively Exercise-Extra Activity  
4:00 Wheel of Fortune-Trivia-Domino's/Cards-Extra Activity  
4:30 Beautiful Hands-Domino's  
5:00 Magazine Scavenger Hunt-Extra Activity  
5:30 Name That Sound

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10:30 Golf-Mind Stretches/Opposites-You Be The Judge-Enrichment Activity-Pillow Project-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 **Heart of Texas Therapy Dogs**/Trivia  
1:30 Catch Phrase  
1:45 **Norris Perry Entertains**/Trivia  
2:45 BINGO-American Trivia-Banana Gram-Extra Activity  
3:30 Brain Quest-Pokeeno-Active Group-Extra Activity  
4:00 Light & Lively Exercise-Extra Activity  
4:30 Wheel of Fortune-Apple Trivia-Domino's/Cards  
5:00-6:00 Movie & Popcorn

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**FUN STAYCATION/South America**  
10:30 Piranha Pull-Common Beginnings-Synonym Search-Enrichment Activity- Crafting-Extra Activity  
11:10 Sit and Be Fit-SingFit-**Spanish Made Simple**-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 BINGO-Teach Categories-Hand Bells-Active Group-Brush to Canvas-Extra Activity  
2:30 It's a Guy Thing/Hunting & Fishing-Girl Talk/Travel-South America "Think Fast"-Enrichment Activity-Cards  
3:30 Light & Lively Exercise-Extra Activity  
4:00 Wheel Of Fortune-Spill & Spell-Domino's  
4:30 Beautiful Hands-Cards Continued-Extra Activity  
5:00 Wiz Quiz-Extra Activity  
5:30 Poetry

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10:30 Association Futbol-Packing for South America-Word in a Word/Amazon River-South America Sudoku-Crafting-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 BINGO-What comes next/Sequence-Bunco-Active Group-Mind Trap-Extra Activity  
2:30 It's a Guy Thing/South America-Girl Talk/Carnival Fashion-Amazonian Story Telling-Enrichment Activity-Extra Activity  
3:30 Light & Lively Exercise-Extra Activity  
4:00 Wheel of Fortune-Would You Rather?-Domino's  
4:30 Blurb-Cards Continued  
5:00 I Love Lucy Puzzle-Extra Activity  
5:30 Reminiscing Quest Cards

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10:30 Golf-Everyday Life Trivia-States & Capitals-Enrichment Activity-Pillow Project-Extra Activity  
11:10 Sit and Be Fit-Strengthen Your Mind-SingFit  
11:45 Music/Songs & Trivia-Strengthen Your Mind  
1:30 South American Fun Facts  
1:45 **Tony Walsh Entertains**/Trivia  
2:30 BINGO-Fractured Words-Match Up-Active Group-Extra Activity  
3:30 Light & Lively Exercise-Extra Activity  
4:00 Wheel of Fortune-Lighten Up-Domino's/Cards  
4:30 Famous Folks-Cards Continued-Extra Activity  
5:00 Clue Trivia-Extra Activity  
5:30 Memory Street

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10:30 Matkot-Myths of the Amazon-Amazon Island Scramble-Sight Seeing Match Up-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-SingFit-**Devotional**  
11:45 **Heart of Texas Therapy Dogs**/Trivia  
1:45 BINGO-Compound Word Challenge-Brush to Canvas-Active Group-Extra Activity  
2:30 Presidents-Girl Talk/Latin Cooking & Table Manners-South American Jeopardy-Extra Activity  
3:30 Light & Lively Exercise-Extra Activity  
4:00 **Thirsty Thursday/Music** Wheel of Fortune-Domino's  
4:30 Reminiscing Cards-Cards/Domino's Cont.  
5:00 Song Burst-Extra Activity  
5:30 Life Stories

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**ANNIVERSARY OF THE ICE CREAM CONE (1903)  
FIRST DAY OF AUTUMN**  
10:30 Horseshoes-Memory Street-The Possession Game-Enrichment Activity-Pillow Project-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 BINGO-Name Chase-Famous Faces-Poetry-Active Group-Extra Activity  
2:30 It's a Guy Thing/Football-Girl Talk/Autumn-Word Building-South American Missing Vowels-Pillow Project  
3:30 Light & Lively Exercise  
4:00 Wheel of Fortune-Farkle-Domino's/Cards-Extra Activity  
4:30 Remember When-Domino's/Cards Cont.  
5:00-6:00 Movie & Popcorn

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**NATIONAL ONE HIT DAY**  
10:30 Tic Tack Toe-"Play" Day-Number Squares-Enrichment Activity-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-SingFit-**Spanish Made Simple**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 BINGO-Associated Words-Finishing Lyrics-Active Group-Extra Activity  
2:30 It's a Guy Thing/Space-Girl Talk/Famous Movie stars-Riddle Jumble-Enrichment Activity-Extra Activity  
3:15 Light & Lively Exercise-Extra Activity  
4:00 **MOCKTAIL HOUR/Music**-Wheel of Fortune-Domino's  
4:30 Similes-Domino's Continued-Extra Activity  
5:00 Trivia Challenge for Seniors-Extra Activity  
5:30 Life Stories

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10:30 Pitching Pennies-Hollywood Flashback-Crack The Case-Enrichment Activity-Crafting-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-**Book Club**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 BINGO-Trivia Challenge for Seniors-Similes-Gardening-Active Group-Extra Activity  
2:30 Presidents Trivia-Girl Talk/School Days-Word Wheel-Enrichment Activity-Crafting-Extra Activity  
3:30 Light & Lively Exercise-Extra Activity  
4:00 Wheel of Fortune-Short Stories-Crazy Eights  
4:30 Music Trivia-Crazy Eight's Continued-Extra Activity  
5:00 Creative Forecasting-Domino's  
5:30 Chicken Soup for the Soul

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10:30 Bean Bag Toss-Famous Folks-Art Appreciation-Enrichment Activity-Pillow Project-Extra Activity  
11:10 Sit and Be Fit-Strengthen Your Minds-SingFit  
11:45 Music/Songs & Trivia-Strengthen Your Minds  
1:30 A to Z Trivia  
1:45 **Birthday Party with Tara**/Trivia  
2:45 BINGO-Word Web-Brush to Canvas-Active Group/Cards-Extra Activity  
3:30 Light & Lively Exercise-Extra Activity  
4:00 Wheel Of Fortune-Domino's-Extra Activity  
4:30 Sorting/Matching-Cards Continued-Extra Activity  
5:00 The Common Factor-Extra Activity  
5:30 Life Stories

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10:30 Chair Volleyball-Person, Place or Thing-Art Appreciation-Enrichment Activity-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity-SingFit-**Devotional**  
11:45 Music/Songs & Trivia-Enrichment Activity  
1:45 BINGO-This Was the Year-Pokeeno-Active Group-Extra Activity-Brush to Canvas  
2:30 Ultimate Senior Trivia-Girl Talk/Fashion-Art Appreciation-Enrichment Activity-Extra Activity  
3:30 Light & Lively Exercise-Extra Activity  
4:00 Wheel of Fortune-Domino's-Extra Activity  
4:30 Brush to Canvas-Cards Continued  
5:00 Would You Rather?-Extra Activity  
5:30 Did You Know?

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10:30 Noodle Ball-Silly Sentences-Story Building-Enrichment Activity-Sorting/Matching-Pillow Projects-Extra Activity  
11:10 Sit and Be Fit-Enrichment Activity  
11:45 **Heart of Texas Therapy Dogs**/Trivia  
1:45 BINGO-Mixed Up Oktoberfest-Sorting Buttons-Active Group-Extra Activity  
2:30 It's a Guy Thing-Clue Trivia-Wacky Wordies-Enrichment Activity-Pillow Project-Extra Activity  
3:30 Light & Lively-Extra Activity  
4:00 Wheel of Fortune-Finishing Lyrics-Domino's/Cards  
4:30 Shut the Box-Domino's-Extra Activity  
5:00-6:00 Movie & Popcorn

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**Daily 9:00 -10:15 Coffee, Chit Chat, News & Views**