

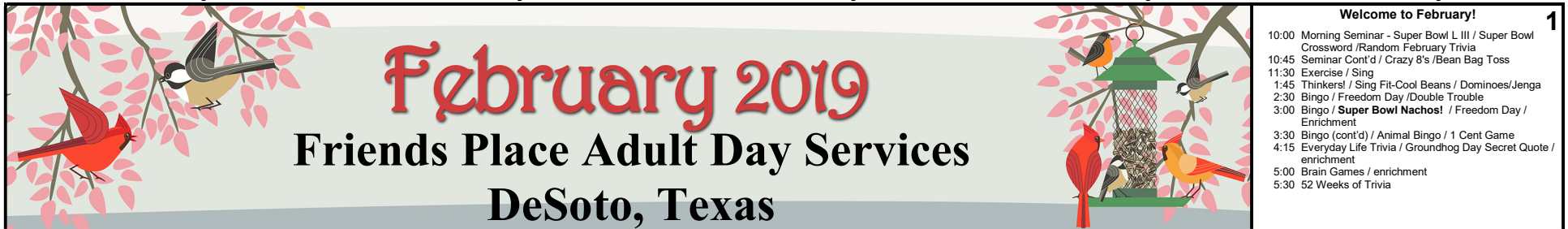
Monday

Tuesday

Wednesday

Thursday

Friday



<p><b>Make-Believe Monday</b> <b>4</b></p> <p>10:00 Morning Seminar - Rosa Parks / Groundhog Day Word Puzzles / Groundhog Day Discussion</p> <p>10:45 Seminar Cont'd / Yahtzee / Ring Toss</p> <p>11:30 Exercise / Sing</p> <p>1:45 Washers / Sing Fit-From the Oceans to the Mountains / Dominoes/Jenga</p> <p>2:30 Bingo / Happy Birthday, USO / Cut the Cards</p> <p>3:00 Bingo (cont'd) / Happy Birthday, USO / Enrichment</p> <p>3:30 Bingo (cont'd) / Jenga / 5 Second Rule</p> <p>4:15 Finish the Phrase / Groundhog Day Word Search / enrichment</p> <p>5:00 Worst Case Scenario / enrichment</p> <p>5:30 Fascinating Facts</p>	<p><b>Chinese New Year Begins</b> <b>5</b></p> <p>10:00 Morning Seminar - ALLE Learning-The Four February Presidents / Chinese New Year Matching Puzzle / Chinese New Year Trivia</p> <p>10:45 Seminar Cont'd / Bible Study / Parachute</p> <p>11:30 Exercise / Sing</p> <p>1:30 Penny Pitching / Sing Fit-Heartthrobs and Sweethearts / Dominoes/Jenga</p> <p>2:00 <b>Chinese New Year Presentation with Julie Pan</b></p> <p>3:00 Bingo / Tangram Puzzles / Enrichment</p> <p>3:30 Bingo (cont'd) / Wits and Wagers / All Around the USA</p> <p>4:15 The Common Factor / Happy Chinese New Year Crossword Puzzle / enrichment</p> <p>5:00 Picture It Drawing Game / enrichment</p> <p>5:30 Sports Trivia</p>	<p><b>Queen's Day</b> <b>6</b></p> <p>10:00 Morning Seminar - Book Club-To Kill a Mockingbird / Famous African Americans: Who Am I? / African American History Trivia</p> <p>10:45 Seminar Cont'd / Grocery Price Game / Bowling</p> <p>11:30 Chair Chi / Sing</p> <p>1:45 I Hear Memories / Sing Fit-Ode to Small Towns / Dominoes/Jenga</p> <p>2:30 Bingo / Queen's Day / Assorted Puzzles</p> <p>3:00 Bingo (cont'd) / Queen's Day / Enrichment</p> <p>3:30 Bingo (cont'd) / Picture It Drawing Game / Apples to Apples</p> <p>4:15 You Be The Judge / Black History Crossword Puzzle / enrichment</p> <p>5:00 Charades / enrichment</p> <p>5:30 Trivia Challenge</p>	<p><b>Celebrating Black History Month</b> <b>7</b></p> <p>10:00 Morning Seminar - Famous African Americans throughout History / Mixed-Up Black History Month Puzzle / Discovery Discussion on Black History Month</p> <p>10:45 Seminar Cont'd / Banagrams / Noodle Loom</p> <p>11:30 Exercise / Sing</p> <p>1:45 Say It With Music / Sing Fit-Pets of the Stars / Dominoes/Jenga</p> <p>2:30 Bingo / Beatles Arrive in U.S. / Color by Number</p> <p>3:00 Bingo (cont'd) / Beatles Arrive in U.S. / Enrichment</p> <p>3:30 Bingo (cont'd) / Scrabble / Scategories</p> <p>4:15 Fascinating Facts / Music Bingo / enrichment</p> <p>5:00 That's It! Guessing Game / enrichment</p> <p>5:30 Strengthen Your Mind</p>	<p><b>Welcome to February!</b> <b>1</b></p> <p>10:00 Morning Seminar - Super Bowl L III / Super Bowl Crossword / Random February Trivia</p> <p>10:45 Seminar Cont'd / Crazy 8's / Bean Bag Toss</p> <p>11:30 Exercise / Sing</p> <p>1:45 Thinkers! / Sing Fit-Cool Beans / Dominoes/Jenga</p> <p>2:30 Bingo / Freedom Day / Double Trouble</p> <p>3:00 Bingo / <b>Super Bowl Nachos!</b> / Freedom Day / Enrichment</p> <p>3:30 Bingo (cont'd) / Animal Bingo / 1 Cent Game</p> <p>4:15 Everyday Life Trivia / Groundhog Day Secret Quote / enrichment</p> <p>5:00 Brain Games / enrichment</p> <p>5:30 52 Weeks of Trivia</p>
<p><b>Go Green Week Begins</b> <b>11</b></p> <p>10:00 Morning Seminar - Music Inspired by the Civil Rights Movement / Hal Holbrook Word Search / The Grimm Brothers Fairy Tales Trivia</p> <p>10:45 Seminar Cont'd / Match Up the Lyrics / Nerf Guns</p> <p>11:30 Exercise / Sing</p> <p>1:45 Brain Boosters / Sing Fit-Music's Royal Court / Dominoes/Jenga</p> <p>2:30 Bingo / Nelson Mandela / Readers Digest Readings</p> <p>3:00 Bingo (cont'd) / Nelson Mandela / Enrichment</p> <p>3:30 Bingo (cont'd) / Assorted Puzzles / 200 Brain Game Cards</p> <p>4:15 Sports Trivia / Alzheimer's Trivia and Reminiscence / enrichment</p> <p>5:00 Listmania / enrichment</p> <p>5:30 Assorted Poetry Readings</p>	<p><b>Abe Day</b> <b>12</b></p> <p>10:00 Morning Seminar - ALLE Learning-The Four February Presidents / Abraham Lincoln Secret Quote / President's Day Trivia</p> <p>10:45 Seminar Cont'd / Bible Study / Golf</p> <p>11:30 Exercise / Sing</p> <p>1:45 Pictionary / Sing Fit-Healthy Ways to Destress / Dominoes/Jenga</p> <p>2:30 Bingo / Abe Day / High Low</p> <p>3:00 Bingo (cont'd) / Abe Day / Enrichment</p> <p>3:30 Bingo (cont'd) / Blurble / Riddles in a Jar</p> <p>4:15 What Year Is It? / Valentine's Day Fun Word Fit / enrichment</p> <p>5:00 Thinkers! / enrichment</p> <p>5:30 Finish the Phrase</p>	<p><b>First Magazine Day</b> <b>13</b></p> <p>10:00 Morning Seminar - Book Club-To Kill a Mockingbird / <b>Ladies Pampering with Mary Kay</b> / Men's Bible Study</p> <p>10:45 Seminar Cont'd / Ladies Pampering Cont'd / Washers</p> <p>11:30 Chair Chi / Sing</p> <p>1:45 Readers Digest Readings / Sing Fit-The Sweetest Songs / Dominoes/Jenga</p> <p>2:30 Bingo / First Magazine Day / Assorted Puzzles</p> <p>3:00 Bingo (cont'd) / First Magazine Day / Enrichment</p> <p>3:30 Bingo (cont'd) / Wheel of Fortune / Hangman</p> <p>4:15 Trivia Challenge / Hollywood Couples Matching Puzzle / enrichment</p> <p>5:00 Strengthen Your Mind / enrichment</p> <p>5:30 Pat Sajak's Trivia</p>	<p><b>Valentine's Day</b> <b>14</b></p> <p>10:00 Morning Seminar - History of Valentine's Day / Happy Valentine's Day Crossword / Who Am I?</p> <p>10:45 Seminar Cont'd / What Does the Bible Say About Love? / Ping Pong Basketball</p> <p>11:30 Exercise / Sing</p> <p>1:30 52 Weeks of Trivia / Sing Fit-Winter Weather / Dominoes/Jenga</p> <p>2:00 <b>Valentine's Dance and Feb Birthday Celebration with Sherry Hamilton</b></p> <p>3:00 Bingo / Tangram Puzzles / Enrichment</p> <p>3:30 Bingo (cont'd) / Jeopardy /</p> <p>4:15 The Years: 1920-1990's / Mixed-Up Valentine's Day / enrichment</p> <p>5:00 You Guessed It / enrichment</p> <p>5:30 Call out the Answer</p>	<p><b>Fact Friday</b> <b>15</b></p> <p>10:00 Morning Seminar - Traveling the Underground Railroad / Spelling Civil Rights / Who Knew? U.S. Presidential Trivia</p> <p>10:45 Seminar Cont'd / 1 Cent Game / Penny Pitching</p> <p>11:30 Exercise / Sing</p> <p>1:45 Keep Your Brain Stronger Longer / Sing Fit-Dancing to the Hits / Dominoes/Jenga</p> <p>2:30 Bingo / Happy Birthday, American Legion / Magnetic Mosaics</p> <p>3:00 Bingo (cont'd) / Happy Birthday, American Legion / Enrichment</p> <p>3:30 Bingo (cont'd) / Music Bingo / Catch Phrase</p> <p>4:15 52 Weeks of Trivia / Songs of the Heart Word Search / enrichment</p> <p>5:00 A-Z Trivia / enrichment</p> <p>5:30 The Common Factor</p>
<p><b>President's Day</b> <b>18</b></p> <p>10:00 Morning Seminar - President's Day / <b>Art Lessons with June</b> / President's Day Discussion</p> <p>10:45 Seminar Cont'd / <b>Art Lessons with June</b> / Velcro Ball Toss</p> <p>11:30 Exercise / Sing</p> <p>1:45 Logic Puzzle / Sing Fit-Rodgers and Hammerstein / Dominoes/Jenga</p> <p>2:30 Bingo / Milk in Flight Day / Double Trouble</p> <p>3:00 Bingo (cont'd) / Milk in Flight Day / Enrichment</p> <p>3:30 Bingo (cont'd) / Grocery Game / Heads Up</p> <p>4:15 Strengthen Your Mind / United States Presidents Word Fit / enrichment</p> <p>5:00 Riddles in a Jar / enrichment</p> <p>5:30 The Years: 1920-1990's</p>	<p><b>First Ladies Day</b> <b>19</b></p> <p>10:00 Morning Seminar - ALLE Learning-The Founding Mothers / Mixed-Up Wedding Day Unscramble / First Ladies Who Am I?</p> <p>10:45 Seminar Cont'd / Bible Study / Bean Bag Toss</p> <p>11:30 Exercise / Sing</p> <p>1:45 Brain Flexers / Sing Fit-Cool Beans / Dominoes/Jenga</p> <p>2:30 Bingo / First Ladies Day / I Hear Memories</p> <p>3:00 Bingo (cont'd) / First Ladies Day / Enrichment</p> <p>3:30 Bingo (cont'd) / Game of Things / Family Feud</p> <p>4:15 Double OO EE / Guess the President's Middle Name / enrichment</p> <p>5:00 Brain Boosters / enrichment</p> <p>5:30 You Be The Judge</p>	<p><b>Love Your Pet Day</b> <b>20</b></p> <p>10:00 Morning Seminar - Book Club-To Kill a Mockingbird / Perfect Pies Matching Puzzle / More February Jeopardy Trivia</p> <p>10:45 Seminar Cont'd / Wits and Wagers / Parachute</p> <p>11:30 Chair Chi / Sing</p> <p>1:45 12 Months of Trivia / Sing Fit-From the Oceans to the Mountains / Dominoes/Jenga</p> <p>2:30 Bingo / Love Your Pet Day / Name That Tune</p> <p>3:00 Bingo (cont'd) / Love Your Pet Day / Enrichment</p> <p>3:30 Bingo (cont'd) / Animal Bingo / Left Right Center</p> <p>4:15 Pat Sajak's Trivia / Commander-in-Chief Crossword / enrichment</p> <p>5:00 12 Months of Trivia / enrichment</p> <p>5:30 Everyday Life Trivia</p>	<p><b>Telephone Book Day</b> <b>21</b></p> <p>10:00 Morning Seminar - ALLE Learning-Movies and Movie Stars of the 1950s / Black History Month Message / John Lewis: Civil Rights Leader</p> <p>10:45 Seminar Cont'd / Blurble / Bowling</p> <p>11:30 Exercise / Sing</p> <p>1:30 That's It! / Sing Fit-Heartthrobs and Sweethearts / Dominoes/Jenga</p> <p>2:00 <b>Zeta Sorority</b> / Cut the Cards</p> <p>3:00 Bingo / Telephone Book Day / Enrichment</p> <p>3:30 Bingo (cont'd) / Jenga / Name 5</p> <p>4:15 Finishing Words / Searching for Presidents Word Search / enrichment</p> <p>5:00 Presidential Facts Trivia / enrichment</p> <p>5:30 Finishing Lines</p>	<p><b>Washington's Birthday</b> <b>22</b></p> <p>10:00 Morning Seminar - Happy Birthday George Washington / Charming Cherry Pin Craft / Sports Trivia</p> <p>10:45 Seminar Cont'd / George Washington Message / What's In the Bag</p> <p>11:30 Exercise / Sing</p> <p>1:30 Pictionary / Sing Fit-Ode to Small Towns / Dominoes/Jenga</p> <p>2:00 <b>Desoto Linedancers</b> / High Low</p> <p>3:00 Bingo / Washington's Birthday / Enrichment</p> <p>3:30 Bingo (cont'd) / Left Right Center / Presidential Facts Trivia</p> <p>4:15 What Year Is It? / Popcorn and a Movie / enrichment</p> <p>5:00 Brain Flexers / enrichment</p> <p>5:30 More Clue Trivia</p>
<p><b>Favorite Literary Couples Day</b> <b>25</b></p> <p>10:00 Morning Seminar - John Lewis: Civil Rights Leader and Politician / George Washington Carver Secret Quote / Easy Does It Random Trivia</p> <p>10:45 Seminar Cont'd / Crazy 8's / Noodle Loom</p> <p>11:30 Exercise / Sing</p> <p>1:45 Washers / Sing Fit-Pets of the Stars / Dominoes/Jenga</p> <p>2:30 Bingo / Learn about Mars Day / Readers Digest Readings</p> <p>3:00 Bingo (cont'd) / Learn about Mars Day / Enrichment</p> <p>3:30 Bingo (cont'd) / Encore Game / Uno Card Game</p> <p>4:15 Assorted Poetry Readings / Music Bingo / enrichment</p> <p>5:00 All Across the USA / enrichment</p> <p>5:30 52 Weeks of Trivia</p>	<p><b>Rodeo Day</b> <b>26</b></p> <p>10:00 Morning Seminar - 100th Anniversary of the Grand Canyon National Park / Black Authors Matching Puzzle / Star of the Month: Hal Holbrook</p> <p>10:45 Seminar Cont'd / Bible Study / Penny Pitching</p> <p>11:30 <b>Mike Frankel Entertainment</b></p> <p>1:45 Nerf Guns / Sing Fit-Winter Hobbies / Dominoes/Jenga</p> <p>2:30 Bingo / Celebrating National Parks / Assorted Puzzles</p> <p>3:00 Bingo (cont'd) / Celebrating National Parks / Enrichment</p> <p>3:30 Bingo (cont'd) / Toss 'n Talk About / Taboo</p> <p>4:15 Finishing Lyrics / I Hear Memories / enrichment</p> <p>5:00 Pictionary / enrichment</p> <p>5:30 Finishing Words</p>	<p><b>Singer Marian Anderson Day</b> <b>27</b></p> <p>10:00 Morning Seminar - Book Club-To Kill a Mockingbird / Black History Makers Word Search / Modern Jeopardy Trivia</p> <p>10:45 Seminar Cont'd / Match Up the Sayings / Chair Volleyball</p> <p>11:30 Chair Chi / Sing</p> <p>1:45 I Hear Memories / Sing Fit-Music's Royal Court / Dominoes/Jenga</p> <p>2:30 Bingo / Marian Anderson / Tangram Puzzles</p> <p>3:00 Bingo (cont'd) / Marian Anderson / Enrichment</p> <p>3:30 Bingo (cont'd) / Uno Card Game / Pastime Complete Phrase</p> <p>4:15 More Clue Trivia / Color by Number / enrichment</p> <p>5:00 Worst Case Scenario / enrichment</p> <p>5:30 Trivia Challenge</p>	<p><b>Tooth Fairy Day</b> <b>28</b></p> <p>10:00 Morning Seminar - ALLE Learning-Movies and Movie Stars of the 1950s / Hot Breakfast Word Fit / Who Am I?</p> <p>10:45 Seminar Cont'd / Banagrams / Ring Toss</p> <p>11:30 Exercise / Sing</p> <p>1:30 Bean Bag Toss / Sing Fit-Healthy Ways to Destress / Dominoes/Jenga</p> <p>2:00 <b>Gary Freeman Entertainment</b> / Jenga</p> <p>3:00 Bingo / Tooth Fairy Day / Enrichment</p> <p>3:30 Bingo (cont'd) / Jeopardy / Picture It Drawing Game</p> <p>4:15 Finish the Phrase / Banagrams / enrichment</p> <p>5:00 Brain Games / enrichment</p> <p>5:30 Fascinating Facts</p>	

**7: 30 – 10:00 Continental Breakfast / Coffee      9:30 – 10:00 Morning Paper / News / Views / Chit / Chat**  
**Water & Juice 11:15 a.m.      Lunch 12:30 p.m.      Afternoon Snack 2:45 p.m.**