Monday Tuesday Wednesday Thursday Friday Richardson Location



ebruary 2019

Breakfast & Morning Snacks Served until 10:00 a.m. Water & Juice 11:00 a.m. Lunch 12:30 p.m. Afternoon Snack 3:00 p.m.



National Wear Red Day/American Heart Association

0:05 Ring Toss-Name That Personality-Word Tag-Enrichment Activity-Pillow Project-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity

11:45 Music/Songs & Trivia-Enrichment Activity

1:45 It's a Guy Thing/Super Bowl-Precious Moments-Word Wheel-Enrichment Activity-Pillow Project-Extra Activity

2:30 BINGO-Charades-Hand Bells-Memory Boards-Active Group-Extra Activity

3:30 Light & Lively Exercise-Extra Activity 4:00 Wheel of Fortune-Movie Talk-Cards/Domino's-Extra Activity

4:30 Left, Right, Center-Domino's Cont.

5:00-6:00 Comedy & Snack

Homemade Soup Day 10:05 Marbles-Brain Quest America-Fractured Sentences-Enrichment Activity-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity-Spanish Made Simple

11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's a Guy Thing/Almanac-Girl Talk/A to Z Cooking Terms Pretty Birds-Enrichment Activity-Extra Activity

2:30 BINGO-Sudoku Puzzle-Banga-Active Group-Extra Activity

3:15 Light & Lively Exercise-Extra Activity

3:45 MOCKTAIL HOUR/Music-Wheel of Fortune-Card Games

4:30 Butterfly Quiz-Cards Cont.

5:00 Century 21/20 Questions-Extra Activity

5:30 Word in a Word

11:00 Chinese New Year's Program/Book Club

1:45 Which War Was It?-Girl Talk/Make'm Smile-

1:45 Music/Songs & Trivia-Enrichment Activity

3:30 Light & Lively Exercise-Extra Activity

5:00 Quotes & Quotable-Extra Activity

5:30 Reminiscing Quest Cards

4:30 Complete The Phrase-Cards Continued

Enrichment Activity-Extra Activity 11:00 Sentimental Journey w/Texas Winds/Book Club

1:45 Black History Trivia-Mixed Up Wedding Day-Word Boxes-

Extra Activity

3:30 Light & Lively Exercise-Extra Activity

4:00 Wheel of Fortune-I Spv-Dominos/Cards 4:30 Scruples-Domino's/Cards Cont.-Extra Activity

Enrichment Activity-Crafting-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club

4:00 Wheel of Fortune-Who Am I?-Cards/Domino's

4:30 Name That Tune-Cards Continued-Extra Activity

1:45 It's a Guy Thing/Cars-Girl Talk/Heirlooms-Jumble Words-

2:30 BINGO-Finishing The Line-Active Group-Memory Street-

11:45 Music/Songs & Trivia-Enrichment Activity

Enrichment Activity-Extra Activity

3:30 Light & Lively Exercise-Extra Activity

5:00 Words that End In?-Dominos

5:00 Would You Rather?-Extra Activity

5:30 Magazine Scavenger Hunt

Extra Activity

5:30 Buzz Time

10:05 Chair Volleyball-Spelling Presidents-President Scram 10:05 Balloon Toss-Memory Street-You Be The Judge-

Blurt-Extra Activity

10:05 Washers-20 Questions-Word Wheel- Enrichment Activis 10:05 Shuffleboard-Hollywood Flashbacks-Art Appreciation- 6 10:05 Bowling-Double Trouble-States & Capitals Trivia-Enrichment Activity-Pillow Project-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity-SingFit 11:45 Music/Songs & Trivia-Enrichment Activity

1:45 Gentlemen's Gathering-Cosmetics Then and Now-Global Trivia-Enrichment Activity-Pillow Project-Extra Activity

2:30 BINGO-Riddles in a Jar-Crafts/Cards-Active Group-Extra Activity

3:30 Light & Lively Exercise-Extra Activity

4:00 Wheel of Fortune-I Spy-Dominos/Cards

4:30 Scruples-Domino's/Cards Cont.-Extra Activity 5:00 Would You Rather?-Extra Activity

5:30 Wiz Quiz

National Fettuccine Alfredo Day

Enrichment Activity-Extra Activity 1:10 Sit and Be Fit-Enrichment Activity-SingFit-Devotional

11:45 Heart of Texas Therapy Dogs/Trivia 1:30 Fun February Trivia

1:45 Marty Ruiz Entertains

2:45 BINGO-Word Pyramid-Memory Boards-Active Group-Extra Activity

3:30 Light & Lively Exercise-Extra Activity

4:00 Wheel of Fortune-Mind Joggers-Cards/Dominos

4:30 Reminisce Cards-Cards/Dominos Cont.

5:00 Faces & Places-Extra Activity

5:30 Chicken Soup for the Soul

Anniversary of Founding of the Boy Scouts 1910 10:05 Fishing-Wiz Quiz-Common Ending-Enrichment Activity 8

Sorting/Matching-Pillow Project-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity 11:45 Heart of Texas Therapy Dogs/Trivia

1:45 It's a Guy Thing/Auto Photo Quiz-Girl Talk/Decorating-Synonym Search-Enrichment Activity-Pillow Project-Extra Activity

2:30 BINGO-It's a Snap-Left, Right, Center-Active Group-Extra Activity

10:05 Washers Toss-Name That Personality-Coded Messa

Enrichment Activity-Pillow Project-Extra Activity

1:45 It's a Guy Thing/Sports Teams-Precious Moments-

Word Wheel-Enrichment Activity-Pillow Project-

2:30 BINGO-Charades-Shut the Box-Beading-Active Group-

10:05 Bean Bag Toss-Magazine Medley-Presidential Braini22

3:30 Light & Lively Exercise-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity

3:30 Light & Lively Exercise-Extra Activity

4:00 Wheel of Fortune-Movie Talk-Cards/Domino's-

11:45 Music/Songs & Trivia-Enrichment Activity

4:00 Wheel of Fortune-Bible Trivia-Domino's

4:30 Boggle-Dominos Cont.

5:00-6:00 Comedy & Snack

Extra Activity

Extra Activity 4:30 Left, Right, Center-Domino's Cont.

5:00-6:00 Comedy & Snack

10:05 Bean Bag Toss-Super Quiz-Amazing Memory-10:05 Shuffleboard-Memory Street-Math Count Up-Choices in a Jar-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity-Spanish Made Simple

11:45 Music/Songs & Trivia-Enrichment Activity

1:45 It's a Guy Thing/Hobbies Trivia-Girl Talk/Favorite Poems Tall Tales-Enrichment Activity-Extra Activity 2:30 BINGO-President's Day Mining-Active Group-

Skip Bo-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity-

11:45 Music/Songs & Trivia-Enrichment Activity

2:30 BINGO-President's Day Mining-Active Group-

Spanish Made Simple

Skip Bo-Extra Activity

5:00 Chat Pak-Extra Activity

5:30 Superstitions

5:30 Life Stories

3:15 Light & Lively Exercise-Extra Activity

3:30 Light & Lively Exercise-Extra Activity

4:00 Wheel Of Fortune-Searching for Presidents-Dominos

Presidents Day

Guess the President's Middle Name-Extra Activity

1:45 It's A Guy Thing/President Trivia-Girl Talk/1st Ladies-

Create a Story-Enrichment Activity-Extra Activity

3:45 MOCKTAIL HOUR/Music-Wheel of Fortune-Card Game

4:30 Wheel of Fort. Contd.-Cards Continued-Extra Activity

4:30 Mix & Match-Cards Continued-Extra Activity

5:00 Name Chase-Extra Activity 5:30 Superstitions

11:45 Sit and Be Fit-Enrichment Activity

Chinese New Year

Begins and Ends Same Letter-Enrichment Activity

2:30 BINGO-Stage II-Oddles-Active Group-Extra Activity

4:00 Wheel of Fortune-Would You Rather?-Domino's

Enrichment Activity-Extra Activity 2:30 BINGO-Riddles in a Jar-Water Colors-Active Group-

World Radio Day 10:05 Bocce Ball-American Trivia-Art Appreciation-Trivia A 13 Enrichment Activity-Pillow Project-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity-SingFit

11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's A Guy Thing/How Is This Built?-Girl Talk/Perfect Pies-

Word Box's-Pillow Project-Extra Activity 2:30 BINGO-Drop a Letter-I Spy-Active Group-Art Corner-Extra Activity

3:30 Light & Lively Exercise-Extra Activity

4:00 Wheel of Fortune-Spill & Spell-Dominos/Cards 4:30 Beautiful Hands-Cards Continued-Extra Activity

Enrichment Activity-Pillow Project-Extra Activity

1:45 It's a Guy Thing/Building-Send a Card to a Friend-

2:30 BINGO-Riddles in a Jar-Crafts/Cards-Active Group-

Art Appreciation-Enrichment Activity-Pillow Project-

5:00 Hollywood Flashbacks-Extra Activity

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11:10 Sit and Be Fit-Enrichment Activity-SingFit

11:45 Music/Songs & Trivia-Enrichment Activity

3:30 Light & Lively Exercise-Ext0ra Activity

5:00 Would You Rather?-Extra Activity

4:00 Wheel of Fortune-I Spy-Dominos/Cards

4:30 Scruples-Domino's/Cards Cont.-Extra Activity

5:30 Gestures

Extra Activity

Extra Activity

5:30 Wiz Quiz

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Valentine's Day/Evening Dance 5-7 10:05 Golf-Valentine Word Quilt-Happy Valentine's Mining-14

Mixed-Up Valentine-Valentine's Word in a Word 11:10 Sit and Be Fit-Enrichment Activity-SingFit

11:45 Music/Songs & Trivia-Enrichment Activity

1:45 It's a Guy Thing/Architecture-Hollywood Couples-Challenging Mental Puzzle-Valentine's Day Double-Extra Activity

2:30 BINGO-Wacky Valentine's Day Wordies-Scrambled Hearts-Cards/Hearts-Extra Activity

3:15 Light & Lively-Dominos

3:45 Thirsty Thursday/Music-Wheel of Fortune-Dominos

4:30 Wheel of Fort. Cont.-Dominos

5:00 Valentine's Poetry-Extra Activity

5:30 Word in a Word

10:05 Parachute Madness-Memory Street-Word Wheel- 21 Enrichment Activity-Extra Activity

11:10 Sit and Be Fit-SingFit-Devotional 11:45 Music/Songs & Trivia-Enrichment Activity

1:45 Sports Scramble-Girl Talk/Poetry-TEAM Name Ten-Art Corner-Extra Activity

2:30 BINGO-Word Builder-Active Group-Mix & Match-Art Corner-Extra Activity 3:30 Light & Lively Exercise-Extra Activity

4:00 Wheel of Fortune-Trivia-Dominos/Cards

4:30 Movie Stars of the 40's-Dominos

5:00 Magazine Scavenger Hunt-Extra Activity

5:30 Name That Sound

Enrichment Activity-Pillow Project-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 Men's Conversation Cards-I Have Who Has?-The Possession Game-Enrichment Activity-

Pillow Project-Extra Activity 2:30 BINGO-Let's Make Deal-Farkle-Active Group-Extra Activity

3:30 Light & Lively Exercise-Extra Activity

4:00 Wheel of Fortune-Movie Stars of the 40's-Dominos

4:30 Music Trivia-Dominos Continued

5:00-6:00 Comedy & Snack

10:05 Bowling-Wiz Quiz-Code Fun/Braille Activity-Enrichment Activity-Extra Activity

11:10 Sit and Be Fit-Enrichment Activity-

Spanish Made Simple 11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's a Guy Thing/American History-Girl Talk/Quilting-

Analogies-Enrichment Activity-Extra Activity 2:30 BINGO-Anagrams-Left, Right, Center-Active Group-Extra Activity

3:30 Light & Lively Exercise-Extra Activity

4:00 Wheel of Fortune-Short Stories-Cards/Domino's 5:00 Creative Forecasting-Extra Activity

25 10:05 Basketball-Compound Word Challenge-Game of Knowledge-Enrichment Activity-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-Book Club

11:45 Music/Songs & Trivia-Enrichment Activity 1:45 It's a Guy Thing/Gentlemen's Club-Girl Talk/Cook Books Fractured Words-Enrichment Activity-Extra Activity

2:30 BINGO-Begin Categories-Active Group-Art Corner-Extra Activity

3:30 Light & Lively Exercise-Extra Activity 4:00 Wheel of Fortune-Clue Trivia-Cards/Domino's 4:30 Shut the Box-Cards Continued-Extra Activity

5:00 Name Chase-Dominos

5:30 Bananagram

10:05 Bocce Ball-Mind Stretches/Opposites-Walk a Mile-Enrichment Activity-Pillow Project-Extra Activity 11:10 Sit and Be Fit-Enrichment Activity-SingFit

11:45 Music/Songs & Trivia-Enrichment Activity 1:30 Faces & Places

1:45 Birthday Party with Tommy Ray/Trivia 3:00 BINGO-American Trivia-Spill & Spell-Active Group-Extra Activity 3:30 TEAM Trivial Pursuit-Sorting Buttons-Extra Activity

5:30 Magazine Scavenger Hunt

4:00 Wheel of Fortune-Wiz Quiz-Cards-Extra Activity 4:30 Wheel of Fort. Cont.-Blurp-Dominos 5:00 Compound Words-Extra Activity

0:05 Bean Bag Toss-Apples to Apples-Riddle Jumble-Enrichment Activity-Extra Activity

1:10 Sit and Be Fit-Enrichment Activity-SingFit 11:45 Music/Songs & Trivia-Enrichment Activity

1:45 It's a Guy Thing/Farms-Girl Talk/Beauty-Brain Bats-Enrichment Activity-Art Corner-Extra Activity 2:30 BINGO-Call out the Answer-Active Group-Mix & Match-

Art Corner-Extra Activity 3:15 Light & Lively Exercise-Extra Activity

4:00 Thirsty Thursday/Music-Wheel of Fortune-Trivia-Cards

4:30 Beautiful Hands-Dominos 5:00 Stag II/Trivia-Extra Activity

5:30 Name That Sound

Valentine's Dance February 14th 5:00-7:00 p.m. Doc Gibbs performing Free Valet Parking

Daily 9:00 -10:15 Coffee, Chit Chat, News & Views