Friends Place Desoto Lunch Menu

January 2020

All meals served with Hot Bread and Iced Tea unless otherwise noted.
For NCS diets, ½ dessert or sugar free pudding.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 **Happy New Year** **Closed** 	**2** Beef Lasagna Green Beans Garlic Bread Mixed Green Salad Chocolate Pudding	**3** BBQ Chicken Potato Salad California Vegetables Coleslaw Salad Peach Cobbler
6 Beef Brisket Sandwiches Steak Fries Corn Green Salad Lemon Meringue Pie	**7** Smothered Steak Mashed Potatoes Peas & Carrots Caesar Salad German Chocolate Cake	**8** Beef Chili Glazed Carrots Cornbread Coleslaw Salad Root Beer Float	**9** Filet of Salmon Rice Pilaf Mixed Vegetables Coleslaw Salad Strawberry Jello	**10** Cheeseburger on Wheat Bun Steak Fries Green Beans Coleslaw Salad Peanut Butter Cookies
13 Smothered Chicken Roasted Potatoes California Vegetables Coleslaw Salad Red Velvet Cake	**14** Spaghetti & Meatballs Italian Vegetables Garlic Bread Green Salad	**15** Chicken Egg Rolls Rice Pilaf Oriental Vegetables Coleslaw Salad Apple Cobbler	**16** Baked Ham Potatoes Au Gratin Beets Mixed Green Salad Chocolate Cream Pie	**17** Beef Tips over Rice Oriental Vegetables Caesar Salad Banana Pudding
20 Chicken Tetrazzini Maui Vegetables Garlic Bread Mixed Green Salad Peach Cobbler	**21** Tortilla Crusted Tilapia Rice Pilaf California Vegetables Caesar Salad Brownies	**22** Beef Vegetable Soup Beets Cornbread Green Salad Vanilla Ice Cream	**23** Parmesean Chicken Rice Pilaf Key West Vegetables Caesar Salad Chocolate Chip Cookies	**24** Beef Pot Roast Mashed Potatoes Corn Green Salad Lemon Cake
27 Tomato Soup Tuna Fish Sandwiches Fresh Fruit Coleslaw Salad Neapolitan Ice Cream	**28** Roasted Turkey Rice Pilaf Maui Vegetables Mixed Green Salad Oatmeal Raisin Cookies	**29** Chicken Alfredo Italian Vegetables Garlic Bread Caesar Salad German Chocolate Cake	**30** Meatloaf Seasoned Potatoes Mixed Vegetables Green Salad Banana Pudding	**31** Chicken and Dumplings Peas & Carrots Cornbread Coleslaw Salad Sherbet

Approved by: Julie Pan. R.D.

Date: November 11, 2019