April 2022

Friends Place Adult Day Services

Friends News

1232 W. Beltline, DeSoto, Tx 75115 (972)274-2484 Fax (972)274-0002 www.friendsplaceads.com

April Happenings!

Fri 4/1	**March Madness!! Who is your pick for #1?**
Thu 4/14	**Turning Point Christian Academy Spring Show**
Fri 4/15	**Good Friday / Easter Remembrance**
Mon 4/18	**April Birthday Celebration with Sherry Hamilton**
Wed 4/20	**Art Class with June Visit from Heart of Texas Therapy Dogs**
Thu 4/21	**Texas Winds – Melodic Memories/Piano and Violin**
Week of April 25	**Staycation to Amsterdam – including tulips!**
Every Wed	**Book Club**

Masking and COVID

As rules and regulations change, at Friends Place, we will continue to require masks until we return to the "green" as outlined by Dallas County. Please help us out by encouraging mask use when out and about. We are doing a great job and there is a light at the end of the tunnel.

Promoting Well-being through Community Service

Treats for Tri-City Animal Center

One of the pillars of the Friends Place Program is to promote well-being for all our members, as defined by The Eden Alternative. If you haven't heard of the Eden Alternative, you can go to edenalt.org and check it out. They are committed to reframing how we see aging. One part of well-being is to find meaning in what we do every day. To this end, Friends Place provides the opportunity for our members and employees to contribute to the community where we live and work. We do community service projects and fund raising to help better the lives of those around us.

This month, the members of Friends Place Adult Day Services will be offering homemade dog biscuits for your favorite pet or the pet of a loved one. All donations will be donated to the Tri- City Animal Center.

Every Wednesday, Thursday and Friday, you can come by the center and pick up your homemade treats and leave a donation We will even deliver to your car! These treats make a great gift for the animal lover in your family or circle of friends.

Each bag is lovingly baked and packaged by our members. The treats ingredients are: Whole Wheat flour, all-purpose flour, peanut butter and Canola Oil. Suggested donation is $5 per bag. Please help us support the Tri-City Animal Shelter that services the Cedar Hill, Duncanville and Desoto area.

Email sdunnbradford@friendsplaceads.com for more information.

Birthday Wishes to

Scooby S – April 16
John G – April 22
Alma T- April 24

Tae Jackson – April 11
Evelyn Tave – April 17
Dina Henry – April 20

Support Group at Friends Place

Alzheimer's Caregiver Support Group

BACK IN PERSON!!

Tuesday, April 12
General Discussion
Time: 2:00-3:30 pm

Tuesday, April 26
Topic: Permission to be Good Enough: Coping with Caregiver Guilt
Speaker: Pam Johnson, Author and Founder Friends Place Adult Day Services
Time: 2:00-3:30

Don't miss Pam Johnson's talk on April 26. Pam is the author of "Do You Remember", a compelling book about caregiving with concrete tips on how to be successful in your caregiving journey.

Intergenerational Activities

We are so happy to be able to have the students of Turning Point Christian Academy back at Friends Place. They always put on such a great show for our members. And our members LOVE to see the kids.

We look forward to their Spring Show on April 14.

MAKE YOUR RESERVATION

You can now submit a reservation calendar online! Email rhenry@friendsplaceads.com to receive a link and be added to a monthly mailing list. Paper copies are still available. Daily reservations are increasing to 30, so be sure to get yours before it is too late!