

Monday	Tuesday	Wednesday	Thursday	Friday
Ringing in The New Year CLOSED 	Welcome Back Friends! 10:00 Morning Seminar - JRR Tolkien/The Good News Story Hour /Holiday Clean Up Detective/ 10:45 Seminar Cont'd / Bean Bag Toss /Origami Tulips 11:30 Exercise/Singing 1:30 Sing-Fit:Famous Duos / Puzzles/ Dominoes/Checkers/Outside/ 2:30 Bingo/ This, That, Everything / Dominoes/Checkers/Outside /Match the Card 3:00 Bingo(cont'd) / Grandparent Talk / / Enrichment 3:45 Everyday Trivia/ Light and Lively 4:15 Taboo	Spaghetti Day 10:00 Morning Seminar - Book Club/Parachute /Jingle Sticks/ 10:45 Seminar Cont'd / Chair Volleyball /Word Train 11:30 Exercise/Singing 1:30 Sing-Fit:The Making of Disco / Bean Bag Toss/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Family Feud / Dominoes/Checkers/Outside /Pillow Stuffing 3:00 Bingo(cont'd) / Finishing Lines / / Enrichment 3:45 Think Fast/ Light and Lively 4:15 Would You Rather	National Bird Day 10:00 Morning Seminar - Debate Team /Darts /Magic Peanut Butter Cookies/ 10:45 Seminar Cont'd / Finish the Phrase /Magic Peanut Butter Cookies 11:30 Exercise/Singing 1:30 Sing-Fit:You Are My Sunshine / Connect 4/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Ugame / Dominoes/Checkers/Outside /Bottle Wrapping 3:00 Bingo(cont'd) / Name 10 / / Enrichment 3:45 Loaded Questions/ Light and Lively 4:15 Finishing Lyrics	Epiphany 10:00 Morning Seminar - Mutual of Omaha's Wild Kingdom/Question Ball /Tie Dyed Tissue Paper/ 10:45 Seminar Cont'd / Bowling /Tie Dyed Tissue Paper 11:30 Exercise/Singing 1:30 Sing-Fit:Popular Songs of the 1940's / Bowling/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Past Time Phrase / Dominoes/Checkers/Outside /Felt Foods 3:00 Bingo(cont'd) / Pictionary / / Enrichment 3:45 Listmania/ Light and Lively 4:15 Table Topics
The Punniest Day 10:00 Morning Seminar - Ivan the Terrible/Penny Pitching /Jokelopedia/ 10:45 Seminar Cont'd / Kick Ball (Balloon) /Keep It Clean Painting 11:30 Exercise/Singing 1:30 Sing-Fit:The Farmers' Almanac / Flower Arrangement/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Game of Things / Dominoes/Checkers/Outside /Wooden Block Stacking 3:00 Bingo(cont'd) / Decade Trivia / / Enrichment 3:45 Name 5/ Light and Lively 4:15 Scattergories	Houseplant Appreciation Day 10:00 Morning Seminar - The Hippie Movement/Ring Toss /Leaf Collage/ 10:45 Seminar Cont'd / Darts /CRISP Categories 11:30 Exercise/Singing 1:30 Sing-Fit:On Tour with Classic Crooners / Parachute/ Dominoes/Checkers/Outside/ 2:30 Bingo/ I Hear Memories / Dominoes/Checkers/Outside /Folding 3:00 Bingo(cont'd) / A-Z Trivia / / Enrichment 3:45 Fact or Crap/ Light and Lively 4:15 Comparisons	Let It Snow Day 10:00 Morning Seminar - Book Club/Basketball /Peaceful Door Décor/ 10:45 Seminar Cont'd / Finishing Lyrics /Bonkers Dice 11:30 Exercise/Singing 1:30 Sing-Fit:Celebrating Motown/ Enrichment/ Dominoes/Checkers/Outside/ 2:00 Sierra Leone Performs 3:00 Bingo / Common Factor / / Enrichment 3:45 Name 10/ Light and Lively 4:15 Ugame	Hot Tea Day 10:00 Morning Seminar - Debate Team /Question Ball /Trivia Tea Toss/ 10:45 Seminar Cont'd / Parachute /Spill the Tea Game 11:30 Exercise/Singing 1:30 Sing-Fit:Classic Hits of the 1970's / Music/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Loaded Questions / Dominoes/Checkers/Outside /Jenga 3:00 Bingo(cont'd) / Everyday Trivia / / Enrichment 3:45 Table Topics/ Light and Lively 4:15 Who Wants to Be A Millionaire	Friday the 13th 10:00 Morning Seminar - The Golden Globes/Golf /1960s Detective/ 10:45 Seminar Cont'd / Nerf Guns /Peace Bracelets 11:30 Exercise/Singing 1:30 Sing-Fit:Famous Festivals of the 1960's / Noodle Loom/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Listmania / Dominoes/Checkers/Outside /Felt Foods 3:00 Bingo(cont'd) / Ugame / / Enrichment 3:45 Finish The Phrase/ Light and Lively 4:15 Taboo
MLK Day 10:00 Morning Seminar - Dr. Martin Luther King Jr./The Good News Story Hour /SMITH Categories/ 10:45 Seminar Cont'd / Cornhole /Never Have I Ever 11:30 Exercise/Singing 1:30 Sing-Fit:Delighting the Senses / Tanagrams/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Chat Pack / Dominoes/Checkers/Outside /High Card/ Low Card 3:00 Bingo(cont'd) / Taboo / / Enrichment 3:45 Scattergories/ Light and Lively 4:15 Everyday Trivia	Betty White Day Staycation to Woodstock 10:00 Morning Seminar - Woodstock /Parachute /Psychedelic Ceral Bars/ 10:45 Seminar Cont'd / Bean Bag Toss /Psychedelic Ceral Bars 11:30 Exercise/Singing 1:30 Sing-Fit:Striking Gold / Latch Board/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Comparisons / Dominoes/Checkers/Outside /Wooden Block Stacking 3:00 Bingo(cont'd) / This, That, and Everything / / Enrichment 3:45 Decade Trivia/ Light and Lively 4:15 20 Questions/Headbanz	Peking Duck Day 10:00 Morning Seminar - Book Club/Penny Pitching / Art with June / 10:45 Seminar Cont'd / Ping Pong Ball Race /Art with June/ Therapy Dogs 11:30 Exercise/Singing 1:30 Sing-Fit:Before They Were Famous / Pillow Stuffing/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Name 10 / Dominoes/Checkers/Outside /Cut the Cards 3:00 Bingo(cont'd) / A-Z Categories / / Enrichment 3:45 Word Train/ Light and Lively 4:15 Loaded Questions	Happy Birthday Dolly Parton 10:00 Morning Seminar - Debate Team /Word Train /Handmade Kaleidoscope/ 10:45 Seminar Cont'd / Chair Volleyball /Hangman 11:30 Exercise/Singing 1:30 Sing-Fit:Fun Folk Festivals Across The USA / Folding/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Grandparents / Dominoes/Checkers/Outside /Puzzles 3:00 Bingo(cont'd) / Boggle / / Enrichment 3:45 Think Fast/ Light and Lively 4:15 Finishing Words	Penguin Awareness Day 10:00 Morning Seminar - Penguins/Golf /Penguin Pebbles/ 10:45 Seminar Cont'd / Basketball /Don't Break the Ice 11:30 Exercise/Singing 1:30 Sing-Fit:A Musical Journey Through Springtime Christian Holidays / Felt Foods/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Name 5 / Dominoes/Checkers/Outside /Pass the Parcel 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 Family Feud/ Light and Lively 4:15 Game of Things
Lunar New Year Obs Wear RED for Good Luck! 10:00 Morning Seminar - Lunar New Year /Finishing Lyrics /Making Hong Baos/ 10:45 Seminar Cont'd / Cornhole /Chinese Paper Cutting 11:30 Exercise/Singing 1:30 Sing-Fit:Country Music Across The USA / Question Ball/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Past Time Phrase / Dominoes/Checkers/Outside /Bottle Wrapping 3:00 Bingo(cont'd) / Scattergories / / Enrichment 3:45 Hangman/ Light and Lively 4:15 Name 5	Boy Scouts Day 10:00 Morning Seminar - Jackie Robinson/Parachute /Bubble Collage/ 11:00 Mike Frankel and his Accordion 12:00 Exercise 1:30 Sing-Fit:Church Potlucks / Bowling/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Call Out the Answer / Dominoes/Checkers/Outside /Match the Card 3:00 Bingo(cont'd) / Comparisons / / Enrichment 3:45 Table Topics/ Light and Lively 4:15 This, That, and Everything	Opposite Day 10:00 Morning Seminar - Book Club/Bowling /Chinese Almond Cookies/ 10:45 Seminar Cont'd / Basketball /Lucky Dog Card Game 11:30 Exercise/Singing 1:30 Sing-Fit:The Making of Motown / Wooden Block Stacking/ Dominoes/Checkers/Outside/ 2:30 Bingo/ 5 Second Rule / Dominoes/Checkers/Outside /Flower Arranging 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 Family Feud/ Light and Lively 4:15 Taboo	Wheatless and Meatless Day 10:00 Morning Seminar - Debate Team /Chair Volleyball /January Zodiac Word Search/ 10:45 Seminar Cont'd / Golf /Year of the Rabbit Game 11:30 Exercise/Singing 1:30 Sing-Fit:Sunny Skies / Basketball/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Ugame / Dominoes/Checkers/Outside /Pillow Stuffing 3:00 Bingo(cont'd) / Pictionary / / Enrichment 3:45 Everyday Trivia/ Light and Lively 4:15 Finishing Lyrics	Strange Socks Day 10:00 Morning Seminar - Don Bluth Films/Question Ball / Pillow Project / 10:45 Seminar Cont'd / Darts /Pillow Project 11:30 Exercise/Singing 1:30 Sing-Fit:An Enchanting Afternoon / Music/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Loaded Questions / Dominoes/Checkers/Outside /Question Ball 3:00 Movie(cont'd) / Word Train / / Enrichment 3:45 Decade Trivia/ Movie 4:15 Comparisons
Bowling Day 10:00 Morning Seminar - Jules Verne/Penny Pitching /January Jigsaw/ 10:45 Seminar Cont'd / Parachute /Coin Bowling 11:30 Exercise/Singing 1:30 Sing-Fit:The Sounds of Water / Parachute/ Dominoes/Checkers/Outside/ 2:30 Bingo/ Conversation Cards / Dominoes/Checkers/Outside /High Card/ Low Card 3:00 Bingo(cont'd) / Table Topics / / Enrichment 3:45 Would You Rather/ Light and Lively 4:15 Family Feud	National Hot Chocolate Day 10:00 Morning Seminar - Anton Chekhov/Washers /Cocoa Bombs/ 10:45 Seminar Cont'd / Finish the Phrase /Cocoa Bombs 11:30 Exercise/Singing 1:30 Sing-Fit:Through the Years / Noodle Loom/ Dominoes/Checkers/Outside/ 2:30 Bingo/ That's It / Dominoes/Checkers/Outside /Puzzles 3:00 Bingo(cont'd) / Boggle / / Enrichment 3:45 Grandparents Talk/ Light and Lively 4:15 Game of Things	January 2023 Friends Place Adult Day Services DeSoto, Tx		

Breakfast/ Chit-chat 8:00 am – 10:00 am . Afternoon Snack 3:30pm