## January 2023 Friends News



1960 Nantucket, Richardson, TX 75080 www.friendsplaceads.com

Phone (972) 437-2940

Fax (972) 437-2953

For up-to-the-minute info & pictures, check us out on Facebook!

We follow the Richardson Independent School District inclement weather openings, delays, and closings.

### **Our Fabulous** Friends Place Staff Mina Choudhury Jackie Coalter Claire Iwuoha Lisa Bonner Mary Dennison Jane Tucker Sandy Kniffen Laura Hatfield Heather Brackett Elizabeth Juhasz Bill Ferguson Virginia Kousal Sheree Wood Gene Ragsdale Ramone Lynch Jayne Mariano Laquanda Williams

# **Founder & Mentor:** Pam Johnson



# Starting a brand-new year with our FABULOUS Friends Place Staff

What a wonderful way to start 2023 with fantastic friends and the stellar staff at Friends Place in Richardson. Our professional caregivers practice person-center care and complete hours of ongoing education throughout the year. Even more important is the genuine respect, care and deep commitment to the Friends Place mission, members, and each other that is evident here.

Kudos, & limitless gratitude to each and every staff member!

#### 'Tis the season to be sneezin'!

Along with Covid-19, keep in mind that the flu season is also upon us! Unfortunately, if someone comes in with the malady, many of us end up suffering. For everyone's sake, keep members home if they seem to be coming down with or have an illness. Fever, chills, sore throat, coughs, sneezes, tummy troubles; anyone enduring these is more comfortable at home when not feeling well! And, allow ample time for a full recovery. We understand that this can be challenging but avoiding a relapse (and more time incapacitated) is well worth it. Your loved one, the other members and their families, and the staff appreciate this consideration. Let's stay healthy!

#### Caregiver's Support Groups Offered

Open to the public. Care provided at no charge with reservation. 972-437-2940

#### **Ladies' Support Group**

1<sup>st</sup> Wednesday January 4 2:00-3:30 pm

Alzheimer's Association's Caregiver Support Group

2<sup>nd</sup> Thursday January 12 2:00-3:30 pm

Men as Caregivers Support Group

3<sup>rd</sup> Thursday January 19 2:00-3:30 pm

**Informational Session** 

4<sup>th</sup> Thursday January 26 2:00-3:30 pm Guest speaker: Audette Shackley M.S., CCC/SLP Assistant Director, Strength Based Programs Brain Health Research UT SouthWestern Save the Dates!

## Valentine's Day Tea

Tuesday, February 14, 2023 2:00 pm

Hors d'oeuvors, tea  $\delta$  delightful music

· National Pancake Day ·

Tuesday, February 21, 2023 8:00 am-10:00 am A "flippin good time"

### **January Calendar of Events**

F	6	Elvis' Birthday Celebration	All Day
Th	12	Heart of Texas Therapy Dogs	11:00 am
M	16	Martin Luther King, Jr. Day	All Day
Th	19	Thirsty Thursday Happy Hour	3:15 pm
F	20	Staycation to China	All Day
W	25	January Birthday Party with Toni Macaroni!	2:00 pm
Т	31	Texas Winds Performs	11:00 am

This bright new year is given me,
To live each day with zest
To daily grow and try to be,
My highest and my best!
-William Arthur Ward



# HAPPY JANUARY BIRTHDAY to YOU!!!

Rita Gentile	6
Robert R.	9
Jeff K.	15
Linda Boedecker	20
Kaye Near	22
Sandy Kniffen (staff)	30

# WELCOME TO OUR NEW MEMBERS

Bob B.

**Bonnie Wolff** 

Dan Glaser

**GRAND RE-OPENING** 

FRIENDS PLACE

SALON

