

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Friends Place Richardson</p> <h1>March 2023</h1> <p>All meals served with Iced Tea or Lemonade and Fresh Baked Rolls unless otherwise indicated. For NCS Diets-Fresh Fruit, ½ portion regular dessert or sugar free cookie/pudding is offered. For no added salt diets- Table salt is not available</p>		<p>Lasagna Italian Flat Cut Beans Garlic Bread Caesar Salad Fresh Baked Cookie</p>	<p>1 Chicken Tenders Macaroni & Cheese Mixed Vegetables Spinach Salad Apple Pie</p>	<p>2 Tartar Sauce Day Baked Fish w/Tartar Sauce Rice Pilaf Broccoli Garden Salad Ambrosia</p>	<p>3</p>
<p>Garlic Herb Chicken Au Gratin Potatoes Carrot Cascade Coleslaw Pistachio Fluff</p>	<p>6 Salisbury Steak Mashed Potatoes Scandinavian Vegetable Caesar Salad Brownie</p>	<p>7 Sweet & Sour Chicken Vegetable Fried Rice Egg Roll Spring Salad Banana Pudding</p>	<p>8 National Meatball Day Swedish Meatball Noodles Green Bean Garden Salad Fresh Baked Cookie</p>	<p>9 Quiche Florentine Garden Vegetables Fresh Fruit Spinach Salad Pound Cake with Topping</p>	<p>10</p>
<p>Sloppy Joe Baked Chips Mixed Vegetables Caesar Salad Ambrosia</p>	<p>13 Lemon Pepper Chicken Rice Pilaf Green Beans Green Salad Birthday Cake</p>	<p>14 Cheeseburger French Fries Peas & Carrots Spinach Salad Peach Cobbler</p>	<p>15 BBQ Chicken Macaroni & Cheese Broccoli Coleslaw Strawberry Parfait</p>	<p>16 St. Patrick's Day Irish Baked Salmon Colcannon Irish Soda Bread Spring Salad Shamrock Cookie</p>	<p>17</p>
<p>King Ranch Chicken Cornbread Broccoli Spring Mix Salad Fresh Baked Cookie</p>	<p>20 Taste of Ireland Bangers and Mash Cabbage Green Salad Eve's Pudding (Apple Cobbler)</p>	<p>21 Chicken Quesadilla Spanish Rice Pinto Beans Garden Salad Brownie</p>	<p>22 Chicken Fried Steak Mashed Potatoes Carrot Cascade Coleslaw Orange Fluff</p>	<p>23 Tomato Basil Soup Grilled Cheese Sandwich Baked Chips Caesar Salad Pineapple Upside Down Cake</p>	<p>24</p>
<p>Meatloaf Mashed Potatoes/ Gravy Scandinavian Vegetables Garden Salad Pistachio Fluff</p>	<p>27 Fried Chicken Macaroni & Cheese Mixed Vegetables Spinach Salad Chocolate Pudding</p>	<p>28 Turkey Sandwich Baked Chips Beets Green Salad Lemon Chiffon Cake Day</p>	<p>29 Pepperoni Pizza Pasta Salad Breadstick Coleslaw Fresh Baked Cookie</p>	<p>30 Vegetable Lasagna Italian Flat Beans Garlic Bread Caesar Salad Cherry Cobbler</p>	<p>31</p>

Menus approved by: Julie Pan MS, RD

Date _____